

Nutritional Support

The following supplements provide nutritional support to the skin, help healing, balance hormones and reduce inflammation:



Superantioxidants

Working from the inside out, this unique formula contains all the antioxidants you need in one convenient capsule to protect from free radical damage



Phytonutrients

This formula includes digestive enzymes, immune enhancing Mushrooms, acidophilus, Linseed and MSM making this a perfect daily multivitamin supplement, particularly to maintain strong hair, skin, nails and digestion.



EFA + B Complex

Primrose, Linseed and Borage blended with EFA co-factors to aid and enhance absorption. Lecithin breaks down and emulsifies fats as well as help detoxify the liver. Phosphatidyl Choline and Inositol help stabilize cell membranes, supplying the building blocks for skin renewal and elasticity.

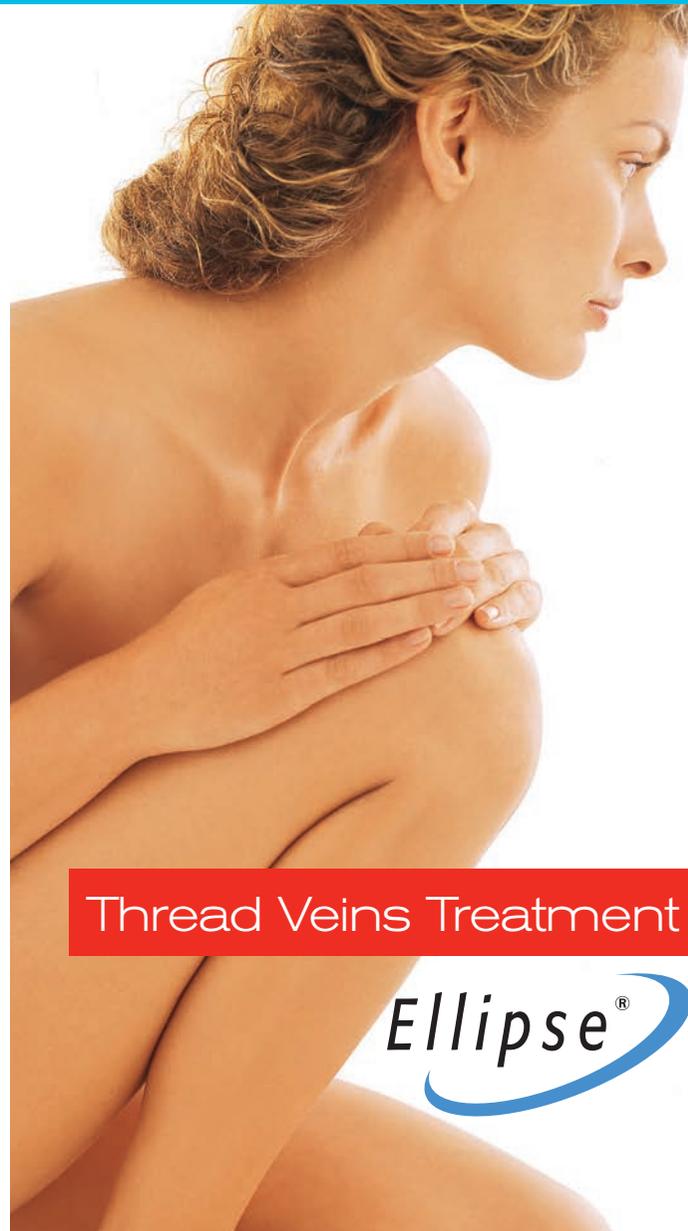
Thread Veins Treatment Package

Your treatment includes and in depth nutritional and homeopathic consultation and body scan using the latest bioenergetic technology to enable us to determine nutritional deficiencies, hormonal imbalance, toxicity and weak organs. Our practitioner is then able to tailor make a programme suitable for you.

- Health Assessment
45 Minute Consultation: £75
- Ellipse Thread Veins Treatment
(Course of treatments depending on condition)
- Optional follow up Health Assessment
Consultation: £50

Available at:

396 Kings Road London SW10 0LN Tel: 020 7351 2232
23 Great Marlborough Street W1F 7HU Tel: 020 7287 1607



before your treatment Health Consultation

To Identify the possible causes and treatment for each individual as well as which homeopathic remedies are needed, it is essential to have either a Health Consultation. The Health Assessment combines a Homeopathic Consultation together with a body scan using BioEnergetic device which literally scans the body in three minutes. it gives profiles on: vitamin and mineral deficiencies, toxicity, organ function, hormone balance, viruses, bacteria, fungus, parasites, digestive disorders and stress. All results are available immediately and a personalised programme recommended.

The homeopath will ask about your sleep, digestion, diet, sensitivities and emotional response to the environment, amongst other aspects of your overall health. It's helpful to provide any medical information, family health history and details of medication. We provide professional, homeopathic over-the-counter advice for acute ailments. We also offer consultations with one of our practitioners in the clinic, for accurate and deep acting prescriptions for recurring or chronic complaints. Homeopathic treatment is an ongoing process to promote and maintain well-being and is most beneficial when follow-up consultations are held regularly throughout the year.

Ellipse Thread vein treatment

A thread vein is a small blood vessel near the surface of the skin. The Ellipse operator guides the visible light from the flash-lamp to the blood vessels needing treatment. The unique Ellipse system carefully filters this light in two ways to ensure that only light with the correct characteristics (wavelengths) is allowed to reach your skin. Blood contains haemoglobin that absorbs the light and converts it into heat. This heat destroys the protein in the wall of the thread vein. As a result the veins will gradually, and safely, disappear after treatment.

- To ensure optimal light transmission to the blood vessel, a thin layer of gel (similar to that used in ultrasound examinations) is applied to your skin before treatment.

Which thread veins can be treated?

Thread veins on all parts of your body can be treated. The most common treatments are for superficial veins in the facial, chest or leg areas. As the treatment relies on absorption of light by the haemoglobin in the blood, the most effective results are seen with light skin. The lighter the skin, the more pronounced the contrast between the vessel and the skin, making treatment easier. However, Ellipse has pre-programmed settings for different skin colours that deliver the correct energy output for your complexion.

How does Ellipse treatment work?

The glass prism within the Ellipse applicator that guides the light to the skin is 10mm by 48mm, so several vessels can be targeted in one flash of light. The treatment time depends on the area to be covered and the number of distinct vessels to be treated. A single session typically lasts 10-20 minutes.



Does it hurt?

Tolerance of pain is very individual from person to person. No anaesthetics are required, and most people describe the sensation as similar to that of a rubber band snapping onto the skin, followed by a warm sensation lasting several minutes. You may find it comforting to cool the skin after the treatment.

Do I need to take special precautions before and after treatment?

The light used is completely safe, visible light. Potentially harmful wavelengths are removed by the unique Ellipse Dual Mode Filtering system. Since tanning takes place by accumulation of pigment (melanin) in the skin, it is, however, important to avoid tanning (sun, solarium or self-tanning cream) before and during the treatment period. Otherwise your tanned skin will absorb more light, which makes treatment less effective.



Before



After two treatments

Post Treatment Care



Cellular Protection SPF 25

We recommend you limit sun exposure and use a sunscreen for a few weeks following treatment. The Organic Pharmacy's Sun Cream is full of natural ingredients which protect, nourish and moisturise.

- Zinc Clear - UVA and UVB protection without whitening.
- Pongamia - Contains UV absorbing properties, boosts UV action of Zinc, broadens UV spectrum, conditions and protects skin.
- Pearl Extract - contains protein complexes, amino acids and polysaccharides which synergistically enhance skin moisture and UV protection, promote growth of new skin cells, maintain skin tone and anti-ageing.
- Red, White and Green Tea - protect skin cells and DNA from solar radiation.
- Shea Butter and Rose Hip - Hydrate and nourish skin.



Skin Radiance Capsules

A highly nutritious formula aimed at protecting and nourishing the skin helping to promote the formation of collagen and promoting tissue repair.

- Helps skin regeneration and healing.
- Contains important antioxidants for the skin.
- Helps circulation.
- Has potent anti-inflammatory action which along with its essential fatty acids and antioxidants protects the skin.
- Builds and maintains supple, permeable collagen cell walls in flesh tissues.
- Helps to promote healthy, radiant beautiful skin.



Rose Plus Anti-ageing Face Cream

This synergistic blend of highly active natural extracts has the following properties:

- Strong free radical scavenging
- Protect epidermal elastin & collagen fibres
- Reduce & reverse sun exposure damage
- Anti-pigment
- Improves micro circulation
- Restores hydration and elasticity
- Promotes cellular regeneration

Skin Care Routine

There are many plant extracts which can help calm and strengthen the skin. Bilberry is rich in anthocyanins, it is known to strengthen capillaries and so help minimize capillary leakage. Rose is another extract known for its purifying and capillary strengthening abilities.

Step 1 Cleanse



Rose & Chamomile Cleansing Milk Morning & Evening

A gentle cleanser that strengthen fragile capillaries and calms the skin with Aloe and Chamomile. Skin is left smooth, cleansed without irritation.

Step 2 Hydrate



Rose & Bilberry Toning Gel Morning & Evening

A Seaweed and Aloe Gel infused with Bilberry and Rose to help strengthen capillaries and calm the skin. The result: calmed, strengthened skin.

Step 3 Repair



Antioxidant Serum Morning & Evening

Nicknamed the 'instant face-lift oil'. Infuses the skin with powerful antioxidants that give an immediate glow.

Antioxidant Gel Morning & Evening

Antioxidant Gel is light and rich in herbal extracts that lift, minimise pores, restore tone and elasticity.

Step 4 Moisturise



Rose Plus Anti-ageing Face Cream Morning

Protects collagen and elastin fibres, lifts and firms sagging skin, boosts collagen production, protects from free radicals, and reduces pigmentation