

Nutritional Support

The following supplements provide nutritional support to the skin, help healing, balance hormones and reduce inflammation:



Superantioxidants

Working from the inside out, this unique formula contains all the antioxidants you need in one convenient capsule to protect from free radical damage



Phytonutrients

This formula includes digestive enzymes, immune enhancing Mushrooms, acidophilus, Linseed and MSM making this a perfect daily multivitamin supplement, particularly to maintain strong hair, skin, nails and digestion.



EFA + B Complex

Primrose, Linseed and Borage blended with EFA co-factors to aid and enhance absorption. Lecithin breaks down and emulsifies fats as well as help detoxify the liver. Phosphatidyl Choline and Inositol help stabilize cell membranes, supplying the building blocks for skin renewal and elasticity.

Anti-Ageing Treatment Package

Your treatment includes and in depth nutritional and homeopathic consultation and body scan using the latest bioenergetic technology to enable us to determine nutritional deficiencies, hormonal imbalance, toxicity and weak organs. Our practitioner is then able to tailor make a programme suitable for you to treat any underlying causes of ageing.

- Health Assessment
45 Minute Consultation
- Ellipse Age Defence Treatment
(Course of treatments depending on condition)
- Rose Crystal Lymphatic Facial
- Optional follow up Health Assessment
Consultation

Available at:

396 Kings Road London SW10 0LN Tel: 020 7351 2232
23 Great Marlborough Street W1F 7HU Tel: 020 7287 1607



before your treatment Health Consultation

What is ageing you? To identify the possible causes and treatment for each individual as well as which homeopathic remedies are needed, it is essential to have either a Health Consultation. The Health Assessment combines a Homeopathic Consultation together with a body scan using BioEnergetic device which literally scans the body in three minutes. It gives profiles on: vitamin and mineral deficiencies, toxicity, organ function, hormone balance, viruses, bacteria, fungus, parasites, digestive disorders and stress. All results are available immediately and a personalised programme recommended.

The Organic Pharmacy's NEW innovative and revolutionary **Anti-ageing Profile Treatment** has been designed specifically to target the cause of ageing in each individual, including:

- Elastin levels
- Toxicity
- Collagen Levels
- Growth Hormones
- Essential Fatty Acids

The homeopath will ask about your sleep, digestion, diet, sensitivities and emotional response to the environment, amongst other aspects of your overall health. It's helpful to provide any medical information, family health history and details of medication.

Ellipse Age defence treatment

The Intense Age Defence treatment uses safe and effective light emitted from a flash-lamp, together with Intense by Ellipse Photo Spray, to quickly reduce and postpone the signs of aging. The Intense Age Defence treatment is a two step procedure:

Step 1

Your skin is sprayed with Intense by Ellipse Photo Spray. Apply a generous amount all over your face and gently massage it into the skin. This procedure is repeated every 5 minutes for 1 hour. The Intense by Ellipse Photo Spray makes your skin more receptive to the light and primes for collagen stimulation.

Step 2

After spraying, a transparent gel (similar to that used in ultrasound examinations) is applied to your face. The Ellipse operator now flashes the flash-lamp to your face going over the treatment area 3 times. The whole treatment takes around 20 min. Studies confirm that 3 treatments will give optimal results.



Does it hurt?

No! Intense Age Defence treatment is based on the cells own natural way to reproduce, rather than on the heat energy caused by high powered flash lamps. The power of the light has been lowered to a level that causes no or very little discomfort.

Is it necessary to use both the Intense by Ellipse Photo Spray and Light?

Yes! The effect of Intense Age Defence is caused by the Intense by Ellipse Photo Spray and the I2PL light together. The synergy between the two creates results, and investigations show that neither the spray nor the light works on its own.

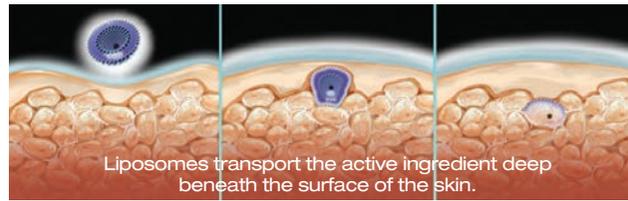
How fast does Intense Age Defence work?

There are no instant visible results with Intense Age Defence, but improvements in skin texture and reduction of fine lines will take place gradually from 1 to 6 months after treatment. The process of building new collagen in this "natural" way needs time.



Is the Intense by Ellipse Photo Spray dangerous?

No, because the active ingredient in the Spray is present at extremely low levels - 0.5%, compared with typically 20% for similar topical creams. Because it uses liposomes to transport the active ingredient deep beneath the surface of the skin, the spray ensures effective treatment results with even greater safety and convenience than the standard



Pre & Post Treatment Care

Ellipse Exfoliating Gel

Your Ellipse clinic will recommend you to use an Intense by Ellipse Exfoliating Gel (or similar) for at least one week prior to Intense Age Defence treatment. The purpose of the Exfoliating Gel is to remove dead skin cells. This allows the light to better penetrate the skin.



Cellular Protection SPF 25

We recommend you limit sun exposure and use a sunscreen for a few weeks following treatment.

The Organic Pharmacy's Sun Cream is full of natural ingredients which protect, nourish and moisturise.

- Zinc Clear - UVA and UVB protection without whitening.
- Pongamia - Contains UV absorbing properties, boosts UV action of Zinc, broadens UV spectrum, conditions and protects skin.
- Pearl Extract - contains protein complexes, amino acids and polysaccharides which synergistically enhance skin moisture and UV protection, promote growth of new skin cells, maintain skin tone and anti-ageing.
- Red, White and Green Tea - protect skin cells and DNA from solar radiation.
- Shea Butter and Rose Hip - Hydrate and nourish skin.



Rose Plus Marine Collagen Complex

An intensive treatment aimed to make skin 10 years younger by targeting the collagen and elastin in the skin. Suitable for all skin types. Particularly suitable for customers concerned with the signs of premature ageing

- Stimulate Growth Factor & Cell growth
- Collagen boosting
- Stimulates LOXL, protecting Elastin degradation and stimulating Elastin production.
- Deep wrinkle reduction
- Fine wrinkle reduction
- Increase in elasticity and reduction of wrinkles.
- Skin healing and firming plant complex

Skin Radiance Capsules

A highly nutritious formula aimed at protecting and nourishing the skin helping to promote the formation of collagen and promoting tissue repair.

- Helps skin regeneration and healing.
- Contains important antioxidants for the skin.
- Helps circulation.
- Has potent anti-inflammatory action which along with its essential fatty acids and antioxidants protects the skin.
- Builds and maintains supple, permeable collagen cell walls in flesh tissues.
- Help to promote healthy, radiant beautiful skin.



Skin Care Routine

There are many plant extracts which can help calm and strengthen the skin. Bilberry is rich in anthocyanins, it is known to strengthen capillaries and so help minimize capillary leakage. Rose is another extract known for its purifying and capillary strengthening abilities.

Step 1 Cleanse



Rose Cleansing Gel

Morning

Rose, Aloe and Marigold calm and condition the skin. Bilberry and Rosehip hydrate and protect with Antioxidants.

Carrot Butter Cleanser

Evening

Infused with Rosemary, Carrot and Shea Butter, the skin is left comfortable, calm and incredibly soft.

Step 2 Hydrate



Herbal Toner

Morning & Evening

Packed with 18 active plant extracts that infuse the skin with a complex of nutrients and vitamins to minimise pores, hydrate and repair.

Step 3 Repair



Antioxidant Serum

Morning & Evening

Nicknamed the 'instant face-lift oil'. Infuses the skin with powerful antioxidants that give an immediate glow.

Antioxidant Gel

Morning & Evening

Antioxidant Gel is light and rich in herbal extracts that lift, minimise pores, restore tone and elasticity.

Step 4 Moisturise



Rose Plus Anti-ageing Face Cream

Morning

Protects collagen and elastin fibres, lifts and firms sagging skin, boosts collagen production, protects from free radicals, and reduces pigmentation