



Skin Solutions Facial

60 minutes: £75 Course of 3 treatments: £200

Aimed at specific skin conditions such as Acne, Eczema, Psoriasis and other skin ailments, this facial is designed to cleanse, heal and hydrate to suit the skins needs. The treatment is tailor-made to suit the needs of your skin.

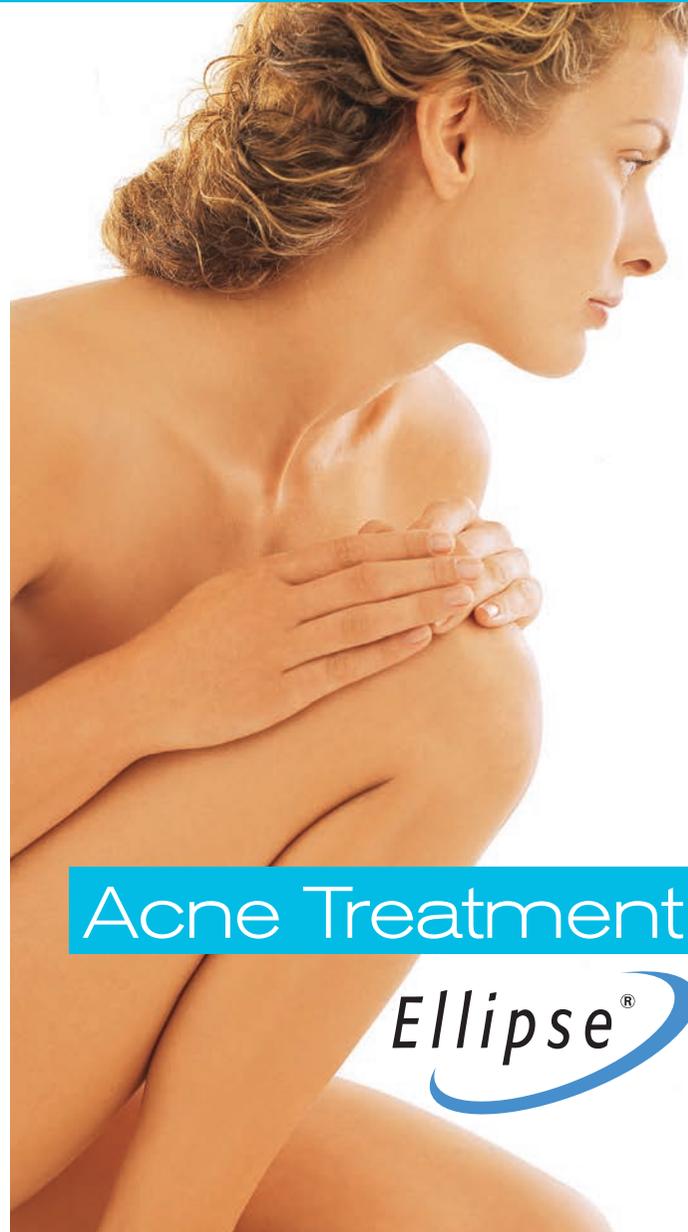
Acne Treatment Package

Your treatment includes and in depth nutritional and homeopathic consultation and body scan using the latest bioenergetic technology to enable us to determine nutritional deficiencies, hormonal imbalance, toxicity and weak organs. Our practitioner is then able to tailor make a programme suitable for you to treat any underlying causes of acne.

- Health Assessment
45 Minute Consultation
- Acne Facial 45 minutes
- Ellipse Acne Treatment
(Course of treatments depending on condition)
- Optional follow up Health Assessment
Consultation.

Available at:

396 Kings Road London SW10 0LN Tel: 020 7351 2232
23 Great Marlborough Street W1F 7HU Tel: 020 7287 1607



Acne Treatment

Ellipse[®]

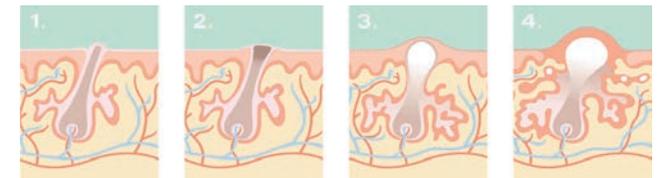
Acne is an inflammatory and bacterial condition where typical symptoms of spots, redness and pustules are produced. At the root of the problem generally lie four factors:

- Toxicity
- Hormonal Imbalance
- Nutritional deficiency
- Excess sugar or hypoglycemia

The skin (as well as the kidney, liver, colon and lungs) is a major detoxification organ. Toxins absorbed in the colon coupled with congested toxin liver leads to toxins being eliminated through the skin. The liver has a direct effect on hormonal balance since the liver is the main organ to filter acne-producing hormones. Detoxification and hormonal balance are key to any treatment.

How acne develops

A normal hair and sebaceous gland (1) can become partially blocked (2). Bacteria called P. Acnes live on the sebum and produce fatty acids. The body responds by blocking the gland's exit to the skin (3). Sometimes the mixture of hair protein, oil and fatty acids damages the walls of the follicle and causes inflammation (4).



Ellipse treatment works by reducing the blood supply to the sebaceous gland, which slows down production of the body oil sebum (5).

How does Ellipse treatment work?

The Ellipse operator guides the light from the flash-lamp to the treatment area. The unique Ellipse I2PL system carefully filters this light in two ways to ensure that only light with the correct characteristics (wavelengths) is allowed to reach your skin. The light that is allowed through is absorbed by haemoglobin, which is the red pigment in blood. The light from the flash-lamp heats up the haemoglobin in the fine blood vessels that supply the sebaceous glands. This slows down the over-production of oil that leads to acne.

Can I be treated?

If you have permanent acne you will benefit from a treatment. The best results are achieved on inflammatory acne – best known as those red, aching, raised pimples. It is important your skin is relatively pale at the time of the treatment, as too much light will be absorbed by a dark complexion.

Does it hurt?

Tolerance of pain is very individual from person to person. No anaesthetics are required, and many patients describe the discomfort as a warming sensation similar to the feeling one has after a day on the beach. The lighter the skin colour, the less pain.

What can I expect?

You may notice some general redness on the face following the treatment. If you have sun-damaged skin, some of the pigmented spots may turn darker and eventually disappear. Should you suffer from a future acne outbreak, the treatment with Ellipse can be repeated. Although results vary from person to person, initial results from a recent clinical study show that 58% of acne lesions disappeared with the Ellipse treatment, compared to 33% improvement with topical cream alone. Please talk to your physician about what results you can expect.



Before

After

Clinical trials documenting Ellipse's safety and effectiveness are carried out by leading doctors prior to the release of the product. The results of these tests are then published in respected, refereed medical journals. You are welcome to view these scientific papers on the Ellipse website at www.ellipse.org

- The settings used for your treatment will be based on the settings recommended by the clinicians who carried out the clinical trials.

Health Consultation

To identify the possible causes and treatment for each individual as well as which homeopathic remedies are needed, it is essential to have either a Health Consultation. The Health Assessment combines a Homeopathic Consultation together with a body scan using BioEnergetic device which literally scans the body in three minutes. It gives profiles on: vitamin and mineral deficiencies, toxicity, organ function, hormone balance, viruses, bacteria, fungus, parasites, digestive disorders and stress. All results are available immediately and a personalised programme recommended.



The homeopath will ask about your sleep, digestion, diet, sensitivities and emotional response to the environment, amongst other aspects of your overall health. It's helpful to provide any medical information, family health history and details of medication. We provide professional, homeopathic over-the-counter advice for acute ailments. We also offer consultations with one of our practitioners in the clinic, for accurate and deep acting prescriptions for recurring or chronic complaints. Homeopathic treatment is an ongoing process to promote and maintain well-being and is most beneficial when follow-up consultations are held regularly throughout the year.

Nutritional Support

The following supplements provide nutritional support to the skin, help healing, balance hormones and reduce inflammation:



Superantioxidants

Working from the inside out, this unique formula contains all the antioxidants you need in one convenient capsule to protect from free radical damage



Phytonutrients

This formula includes digestive enzymes, immune enhancing Mushrooms, acidophilus, Linseed and MSM making this a perfect daily multivitamin supplement, particularly to maintain strong hair, skin, nails and digestion.



EFA + B Complex

Primrose, Linseed and Borage blended with EFA co-factors to aid and enhance absorption. Lecithin breaks down and emulsifies fats as well as help detoxify the liver. Phosphatidyl Choline and Inositol help stabilize cell membranes, supplying the building blocks for skin renewal and elasticity.

Skin Care Routine

Using gentle, chemical-free skin care is essential. Most Acne or Rosacea treatments use harsh chemicals such as Salicylic Acid or Benzyl Peroxide leaving the skin dry sore and confused.

Step 1 Cleanse



Peppermint Face Wash Morning

A gentle antiseptic and anti-bacterial wash that cleanses without drying the skin.

Carrot Butter Cleanser Evening

Infused with Rosemary, Carrot and Shea Butter, the skin is left comfortable, calm and incredibly soft.

Step 2 Hydrate



Herbal Toner Morning & Evening

Packed with 18 active plant extracts that infuse the skin with a complex of nutrients and vitamins to minimise pores, hydrate and repair.

Step 3 Repair



Antioxidant Gel Morning & Evening

Antioxidant Gel is light and rich in herbal extracts that lift, minimise pores, restore tone and elasticity.

Step 4 Moisturise



Manuka Face Cream Morning

A light, non-greasy moisturiser with antiseptic Manuka, balancing Cedarwood and soothing Lavender. It balances oil production & eliminates oily and dry patches.

Treat Weekly



Flower Petal Deep Cleanser & Mask Twice a week

Deep cleansing, exfoliating mask that draws out impurities, removes dead skin and brightens the complexion. Milk and Oats gently exfoliate without damage.